

Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CAULIFLOWER & BROCCOLI BAKE AND GREEN SALAD	WINTER HOT POT SERVED WITH MIXED VEGETABLES	TOAD IN THE HOLE ROAST WITH ALL THE TRIMMINGS	LASAGNE SERVED WITH GARLIC BEAD SLICE AND VEGETABLES	BATTERED FISH & TARTAR SAUCE SERVED WITH CHIPS BEANS OR PEAS
PLANT BASED / VEGETARIAN	VEGETABLE FRITTATA SERVED WITH GREEN SALAD	VEGETABLE HOT POT SERVED WITH MIXED VEGETABLES	TOLD IN THE HOLE SERVED WITH ALL THE TRIMMINGS	VEGETABLE LASAGNE SERVED WITH GARLIC BREAD SLICE AND VEGETABLES	VEGETABLE TART SERVED WITH CHIPS AND SALAD
STREET FOOD	VEGETABLE STIR FRIED NOODLES	PENNE ALFREDO	VEGETABLE FALAFAL SUB	VEGETABLE CURRY AND RICE	BBQ CHICKEN WRAP
HOT SNACKS	SOUP OF THE DAY & ROLL	STIR FRIED CHICKEN NOODLES WITH SWEET CHILLI SAUCE	SPICY SAUSAGE PASTA	CHILLI BEEF BURITO	ROASRED VEGETABLE LOADED NACHOS
PIZZA SLICE	PIZZA OF THE DAY SALAD BAR	PIZZA OF THE DAY SALAD BAR	PIZZA OF THE DAY SALAD BAR	PIZZA OF THE DAY SALAD BAR	PIZZA OF THE DAY SALAD BAR
JACKETS	TRY OUR DELICIOUS FLLINGS FOR 70P EACH				
DESSERTS	JAM & CHOCOLATE SPONGE & CUSTARD	BANOFFEE PIE CAKE	APPLE CRUMBLE CAKE	MIXED BERRY STRUDEL	LEMON CHEESECAKE

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£2.80

All Of Our Main Meals and Desserts Are Freshly Made On Site Every Day